

Grace Walk Counseling Service

I am Toshi Miyazaki, Director of Training at Grace Walk Ministries. I am very excited to announce our new service, Grace Walk Counseling Service.

This is “inclusion” counseling. I give counseling from the perspective of the Triune God living in all of us, from eternity and certainly from our birth into this world. I focus on and remind clients of God’s involvement for each session and ask them who God is. There is *no* separation from God. The Holy Spirit in each client illuminates and reveals the truth, and the Holy Spirit continues to work for their experiential transformations.

My goal is to convey the way of freedom from mental and emotional symptoms, familial and marital conflict, as well as other difficulties, utilizing spiritual/biblical principles. Clients will come to know more clearly who God is, see who they are, and walk their lives as they truly are, which is the meaning of authentic living.

I counsel each person in an one-to-one environment. It is not a group chat nor a group Bible study. I respect client confidentiality and privacy. Methods for counseling may be done by FaceTime, Skype, phone, actual face-to-face meetings, and intense, concentrated meetings (2 full days).

I have been providing pastoral counseling to many for more than 20 years, having served for 10 years in formal counseling ministries. I have a MABS (Master of Arts in Biblical Counseling) through Luther Rice Seminary.

The counseling process is comprised of the following sessions. The numbers represent how many sessions each topic will include

- Assessment (1)
- Personal History (2) : Helping the client to see the root issue (Ego/Flesh)
- Concept of God (4) :
 1. Who God is
 2. The Incarnation
 3. God of Inclusion
 4. Recovering from false gods
- Identity (1) : Who we are and who others are.
- Revisiting the history (1) :
 1. Connecting it to egocentric coping mechanisms
 2. Identifying false gods and rethinking who God really is
 3. Identifying false self and rethinking who you truly are
- Forgiveness (1): Healing from the past
- Surrender (1) : Healing from the future and present

- Authentic Living / Addressing the personal struggles that initially brought the client to counseling (1-4)

In addition to actual sessions, homework is usually assigned to clients. It is an important part of the counseling process.

Sessions and Fees

12-15 sessions (50 minutes per session)

\$90 / session

If you are interested to receive this counseling service or have any questions, please contact me at toshi@gracewalk.org

**Remember, YOU ARE MUCH LOVED BY YOUR GOD
(YOUR FATHER, YOUR JESUS, YOUR HOLY SPIRIT)!!!**

Grace Walk Ministries was founded in 1996 by Dr. Steve McVey who has published 17 books including *Grace Walk* and *Beyond an Angry God*; over 550,000 copies of Steve's books have been published in fifteen languages.

We are devoted in sharing the love and life of Christ with everybody, and to teach them what it means to walk in grace.

From Dr Steve McVey

Toshi Miyazaki is well suited for counseling people from all walks all life, with all kinds of problems. His training and experience are equally matched by his compassion and commitment to truly help every client. I'm a firm believer that everybody can benefit from counseling. If you or somebody you know are open to receiving spiritual, practical and effective guidance from a skilled counselor, I can't recommend Toshi highly enough. I assure you every client will end the counseling process in a better place.